



## STS Overnight Camping Trip Info

Parents if you could please go over the rules and expectations with the campers that would be very helpful.

### **Rules:**

1. Treat everyone with respect
2. Follow all staff instructions
3. Handle all property and equipment safely and properly
4. Talk to people in a courteous manner; no use of vulgar, offensive or derogatory language
5. Leave valuable items at home

All above incidents will be documented. Please explain to your child that their behavior will have consequences! **If your child has any serious behavioral problems, you will be called and asked to pick up your child at any time of the day or night.**

Please make sure that your child has packed for the overnighter, they will need:

- Sack Lunch for the first day (food will be provided for the rest of the trip)
- a sleeping bag and pillow
- clothes for 2 days
  - Sweatshirt/jacket for at night (may get cold)
  - Extra socks and underwear
  - T-shirts (2 days)
  - Shorts (2 days)
  - Long pants (jeans or sweats)
  - Pajamas
- Toiletries, such as toothbrush and toothpaste, deodorant, soap, and a wash cloth, towel
- Medications, if applicable (Participants are responsible for their own medications)
- Beach Towel
- Swimsuit or trunks
- Shoes that can get wet and a dry pair
- Sun block & Hat
- Snacks: Please NO candy, pop, or energy drinks!
- Insect repellent
- Water Bottle
- Magazine, book or other activities for the ride over—  
NO ELECTRONICS allowed on camping trips
- Please pack only what is necessary for there is limited room in the van.